#### **LIFE WELLNESS PROGRAM** SMA SPECIALTY MEDICAL LAB Toll Free: (877) 697-6252 Fax: (888) 322-9524 Phone: (954) 306-3667 Fax: (954) 306-3157 940 Pennsylvania Blvd., Unit A, Feasterville, PA 19053 2944 SW 26th Terrace, Suite 502, Dania Beach, FL 33312 www.smalaboratory.com PATIENT INFORMATION (REQUIRED) \_\_\_\_\_ First Name: \_\_\_ Last Name: . Street Address: \_\_\_ \_\_ Apt#: \_\_ \_\_\_\_\_\_ State: \_\_\_\_\_\_ Zip: \_\_\_\_\_ DOB: \_\_\_/\_\_ / \_\_ SSN: \_\_\_\_\_ Gender: F [ ] M [ **INSURANCE INFORMATION** Insurance Name: \_\_\_\_ \_ I.D#: \_\_\_ Group#: Bill Medicare Bill Medicaid Bill Patient **SPECIMEN INFORMATION** Date Collected: \_\_\_/\_\_\_ \_\_ Time Collected: \_ Fasting: Yes No Fax Results to: **ICD-10 CODES** It is the ordering party's responsibility to order only those tests medically necessary for the diagnosis and treatment of the patient. A342 - Initial Wellness Profile **BLOOD ICD-10 CODES** (3SST, 1LT, 1LTP, 1GRP, 1RBL) ☐ E67.3 Hypervitaminosis D ☐ D50.9 Iron Deficiency Anemia, Unspecified ☐ E72.11 Homocystinuria □ D51.9 Vitamin B12 Deficiency Anemia, Unspecified CBC w/DIFF Progesterone ☐ D52.8 Other Folate Deficiency Anemias ☐ E78.2 Mixed Hyperlipidemia Cortisol A.M. Renal Function Panel ☐ D52.9 Folate Deficiency Anemia, Unspecified ☐ E78.49 Other Hyperlipidemia ☐ E83.10 Disorder of Iron Metabolism, Unspecified DHEA-S Reverse T3, Serum ☐ D64.2 Secondary Sideroblastic Anemia due to Drugs and Toxins☐ E03.8 Other Specified Hypothyroidism Estradiol SHBG ☐ G25.70 Drug Induced Movement Disorder, Unspecified Ferritin T4 Total □ I10 ☐ E03.9 Hypothyroidism, Unspecified Essential (Primary) Hypertension **Folate** Testosterone, Free ☐ K14.0 Glossitis ☐ E11.9 Type 2 Diabetes Mellitus Without Complications FT3 ☐ R73.09 Other Abnormal Glucose Testosterone, Total ☐ E53.1 Pyridoxine Deficiency ☐ E53.8 Deficiency of Other Specified B Group Vitamins FT4 ☐ R78.89 Finding of Other Specified Substances, Not Normally Found in Blood Total T3 GGT ☐ E55.0 Rickets, Active ☐ R79.9 Abnormal Finding of Blood Chemistry, Unspecified TSH Heavy Metals 18 ☐ Z79.899 Other Long Term (Current) Drug Therapy Uric Acid, Serum □ E55.9 Vitamin D Deficiency, Unspecified Hemoglobin A1C ☐ E67.2 Megavitamin-B6 Syndrome Vitamins B1, B2, B3, High Sensitivity CRP B5, B6, B12 **PGX ICD-10 CODES** Homocysteine Vitamin D 25-OH **GROUP 1 \* (SELECT ALL THAT APPLY): GROUP 2\* (SELECT ALL THAT APPLY)** Insulin Vitamin E. Serum LDH Vitamin A, Serum ☐ F32.1 Major Depressive Disorder, Single Episode, Moderate ☐ E78.00 Pure Hypercholesterolemia, Unspecified **Lipid Profile** Vitamin C ☐ F32.2 Major Depressive Disorder, Single Episode, Severe Without ☐ E78.01 Familial Hypercholesterolemia **Psychotic Features** ☐ E78.1 Pure Hyperglyceridemia A343 - Follow Up Wellness Profile ☐ F32.3 Major Depressive Disorder, Single Episode, Severe ☐ E78.2 Mixed Hyperlipidemia (3SST, 2LT, 1LTP, 1RBL) With Psychotic Features ☐ E78.49 Other Hyperlipidemia ☐ F32.4 Major Depressive Disorder, Single Episode, In Partial Remission Lipid Profile CBC w/DIFF ☐ I25.10 Atherosclerotic heart disease: Without hemodynamically significant ☐ F32.9 Major Depressive Disorder, Single Episode, Unspecified Cortisol A.M. Progesterone DHFA-S Renal Function Panel ☐ F33.1 Major Depressive Disorder, Recurrent, Moderate \*Note: The provided ICD-10 codes are listed as a convenience. Ordering Estradiol Reverse T3, Serum ☐ F33.2 Major Depressive Disorder, Recurrent, Severe Without practitioners should report the diagnosis code that best describes the reason for Ferritin SHRG **Psychotic Features** performing the test, regardless of whether the code is listed above or not. Folate T4 Total ☐ F33.3 Major Depressive Disorder, Recurrent, Severe With Testosterone, Free FT3 **Psychotic Features** FT4 Testosterone, Total ☐ F33.41 Major Depressive Disorder, Recurrent, in Partial Remission GGT Total T3 ☐ F33.9 Major Depressive Disorder, Recurrent, Unspecified Heavy Metals 18 TSH ☐ F41.1 Generalized Anxiety Disorder Hemoalobin A1C Uric Acid, Serum **High Sensitivity CRP** Vitamins B1, B2, B3, **UTI ICD-10 CODES** Homocysteine B5, B6, B12 ☐ R30.0 Dysuria ☐ B37.41 Candidal cystitis & urethritis ☐ F03.90 Unspecified dementia, ☐ N56.01 Chlamydial cystitis & Insulin Vitamin D 25-OH unspecified severity, w/o ☐ R30.9 Painful micturition, unspecified ☐ B37.49 Other urogenital candidiasis urethritis ☐ N30.80 Other cystitis without hematuria behavioral disturbance ☐ R36.0 Urethal discharge without ☐ N56.11 Chlamydial female pelvic blood ☐ N30.81 Other cystitis with hematuria inflammatory disease 25D - PGx Comp Panel ☐ R36.9 Urethal discharge, unspecified ☐ N34.1 Nonspecific urethritis ☐ R41.0 Disorientation, unspecified ☐ N73.9 Female pelvic inflammatory (1LT) ☐ R82.71 Bacteriuria □ N34.3 Urethral syndrome, unspecified disease unspecified ☐ R41.82 Altered mental status, ☐ R82.79 Other abnormal findings on ☐ N41.0 Acute prostatitis ☐ N39.0 Urinary Tract Infection, site 6300 - UTI Panel, PCR unspecified microbiological exam of urine ☐ N41.8 Other inflammatory diseases of not specified (1UC & 1GCT) ☐ N45.1 Epididymitis prostate ☐ N76.89 Other specified ☐ F41.9 Anxiety disorder, ☐ N45.2 Orchitis ☐ N41.9 Inflammatory disease of inflammation of vagina & unspecified ☐ N45.3 Epididymo-orchitis prostate, unspecified vulva Patient Acknowledgement and Authorization: I acknowledge that I have provided accurate and true information to the best of my knowledge. If I have provided my insurance information for direct insurance / 3rd party billing: I hereby authorize my insurance benefits to be paid directly to SMA Specialty Medical Lab (SMA) and authorize SMA to release medical information concerning my testing, including upon request my genetic testing results, to my insurer and any business associate of insurer (TB, TPA, etc.) I authorize SMA to be my Designated Representative for purposes of appealing any denial of health benefits. I understand that I am responsible for any amounts that my insurer determines are my responsibility after calculating deductibles, co-payments and co-insurance due under my policy. I consent to the use of my DNA for pharmacogenetic testing (see the back of this form). I understand that I am legally responsible for sending SMA Specialty Medical Lab any money received from my health insurance company for performance of this genetic test. \_ DATE: \_ Check One: Self Parent Legal Guardian Durable Power of Attorney for Health Care Informed Consent and Medical Necessity: I affirm that I am legally authorized to order these tests OR that I am an authorized representative of a legally authorized provider to order these tests; and hereby order the tests requested above, which includes any sample collection device for testing. I hereby confirm that the test(s) are medically necessary for the treatment and/or plan of care for the patient, that the patient has read and understands the informed consent

on the back of this requisition, and to the best of my knowledge, the information herein is accurate. I hereby confirm that the information has been supplied by SMA about genetic testing. The undersigned herein provided all the information and answered any questions regarding the informed consent.

Did the patient opt-out for the use of their sample for research purposes in the consent?  $\square$  Yes

> PHYSICIAN SIGNATURE: DATE:

RBL = ROYAL BLUE TOP GCT= GRAY CULTURE TUBE

GRP = GREEN TOP PROTECTED FROM LIGHT LTP = LAVENDER TOP PROTECTED FROM LIGHT SST = SERUM SEPARATOR

# Informed Consent for Pharmacogenetic Testing

Pharmacogenetic testing is used to help understand why some people respond better than others to certain medications and why some people develop side effects while others do not. SMA Specialty Medical Lab ("SMA") is authorized under Clinical Laboratory Improvement Amendments (CLIA) to perform high-complexity pharmacogenetic testing. The results are not intended to be used as the sole means for clinical diagnosis or patient management decisions. This pharmacogenetic test involves using your DNA, which can be found in your cells of blood or saliva, to examine your genetic make-up. In order to have your pharmacogenetic testing completed, the following is important information for you to know and understand:

- You are having a sample of blood drawn or an oral specimen given to examine pharmacogenetic information which may help your provider understand how you may respond to different medications.
- The Genetic Information Nondiscrimination Act (GINA) generally protects you against discrimination based on your genetic information when it comes to health insurance and employment.
- Pharmacogenetic testing is available as a fee-for-service test. By signing this, you understand that you are responsible for what your insurance carrier does not pay. You will be responsible for payment after the testing has begun, even if you decide not to receive results.
- o Test results will include:
  - o your genotype, which is your personal genetic make-up;
  - your phenotype, which is the functional meaning of your genetic make-up (e.g. "altered gene function", "fast-", "normal-", or "poor metabolizer").
  - as a separate attachment, you will receive information compiled by another company on clinical consequences, drug dosing guidance, and potentially impacted medications. Depending on the ordering physician's selections, information on drug-drug interactions may be included in that attachment.

### LIMITATIONS

Pharmacogenetic testing may yield uninterpretable results for the following reasons: 1) blood sample contamination, 2) insufficient sample collection, 3) incomplete knowledge of the available genetic markers, 4) technical reasons. This test does not account for all individual variations in the individual being tested. Absense of a detectable gene mutation does not rule out the possibility that a patient has different phenotypes due to the presence of an undetected polymorphism or due to other factors such as drug-drug interactions, comorbidities, and lifestyle habits.

# **GENETIC COUNSELING**

It is recommended that you obtain pre-testing and post-testing counseling from someone professionally trained in genetics to consider the purpose, meaning, risks, benefits, and limitations of, as well as any alternatives to, genetic testing in your particular situation, including your personal and family medical history. Counseling may be provided by a genetic counselor (such as those found on the National Society of Genetic Counseling website), doctor and other qualified healthcare professional. Further testing or additional physician consults may be warranted.

# PATIENT CONFIDENTIALITY AND TEST RESULTS DISCLOSURE

Your personal information and test results are confidential. While there can be no guarantee of privacy, SMA has established reasonable safeguards to protect it. Test results will only be released to the ordering healthcare professional, to those allowed access to test results by law, and to those whom you authorize in writing. By requesting payment by your insurance company, Medicare or other third-party payor, you specifically authorize the release of your Protected Health Information ("PHI"), including your lab test results, to such third-party payor or its authorized agents or representatives, as necessary for the purpose of determining coverage and facilitating payment.

I have discussed and understand the risks and benefits of this test. By signing this form, I authorize the use of my sample to obtain results for tests indicated above. Furthermore, I authorize SMA to retain, preserve, and use any data resulting from this test, as well as any leftover saliva, blood or DNA sample, for scientific or teaching purposes, or to dispose of at its convenience, unless initialed below.

Indicate your preference by checking one of the statements below:
☐ I do not wish for my specimen to be retained for Medical Research Purposes; discard within 60 days of collection.
☐ I agree to use of my de-identified biospecimen for medical research to improve genetic testing for all patients. I consent to my sample being retained beyond 60 days of collection; the retained sample will be de-identified by having all identifiers removed prior to re-testing. The de-identified sample and results obtained will remain anonymous.
Patient's Initials Here: